

This *Parent Preview* is designed to assist you in your role as your student's primary spiritual leader. This will provide advance notice before mature or sensitive topics are mentioned, as well as scripture and points to help guide conversation with your students. The Quay Students Team remains available as a resource and support to you in navigating faith conversations at home. Please send any questions to students@quaychurch.org.

Collection: me?

"me?" is a 5-week collection all about identity and answering the question, "Who am I?" Between pressure, comparison, labels, and insecurity, it can feel like everyone else gets to define a person before they ever discover who God says they are. Throughout Scripture, God calls people with purpose, invites outsiders to belong, exposes lies with truth, and renews broken hearts and minds. In this collection, students will discover that identity is not something they have to earn or create. Their identity is found in Jesus, who knows them, wants them, and can completely renew them from the inside out.

We hope this series not only shapes what students believe but also creates meaningful conversations at home. Below is a brief preview of each week's topic along with a few questions you can use to continue the discussion with your student.



August 26, 2026: Divine Definition

Primary Scripture: Jeremiah 1:4-10

Key Point: Because God created us, He defines who we are.

Guided Questions:

- How do you feel knowing that God chose you?
- Why do you think it matters that God created us before He called us to do anything?
- Do you ever think negatively about yourself? What does your self-talk look like?
- How can we, as a family, help you remember who God says you are?

September 2, 2026: Confident in You

Primary Scripture: 1 Samuel 18:5-9

Key Point: God intentionally created each one of us exactly the way we are. Because of that, we should be confident in who God made us to be—and comfortable with who we're not.

Guided Questions:

- Where in your life do you compare yourself the most?
- Why do you think it can be hard to celebrate someone else when they're good at something we wish we were good at?
- What is one thing about the way God made you that you're learning to appreciate?
- What is one thing you're realizing you don't have to be, because God didn't make you to be exactly like someone else?

September 9: NO GATHERING, Off-site event (pre-registration required)

September 16, 2026: Where Do I Fit?

Primary Scripture: Matthew 8:1-4

Key Point: Though we may feel unwanted and like we don't belong anywhere, Jesus confronts that feeling and extends an invitation to belong with Him.

Guided Questions:

- Did anything stand out to you about the way Jesus treated the leper?
- Have you ever felt like you had to change something about yourself to fit in?
- Is there a way that we, as your family, can help you feel seen and loved?

September 23, 2026: Silencing Lies

Primary Scripture: Matthew 4:3-11, Ephesians 6:12-18

Key Point: Satan tries to make us doubt our identity, but Scripture shows us how to combat his lies.

Guided Questions:

- What's important about how Jesus combatted Satan in the wilderness?
- If Satan tried to make you doubt who you are, what do you think he'd say?
- Do you think that you know the Bible well enough to combat Satan's lies about you?



September 30, 2026: A New You

Primary Scripture: Ephesians 4:20-24, 1 Corinthians 6:9-11

****This passage briefly mentions homosexuality, which will not be a focus point of the message.**

Key Point: If you're a follower of Christ, you are no longer who you used to be. God calls you justified, sanctified, washed, and renewed.

Guided Questions:

- What do you think it means that following Jesus means you are “no longer who you used to be”?
- Are there any old labels, mistakes, or struggles that are hard for you to separate from who you are?
- God says that you are washed, sanctified, renewed, and justified. Which of those words feels most encouraging to you? Why?

Thank you for partnering with us in discipling your student. While our conversations happen on Wednesday nights, we believe some of the most meaningful spiritual growth happens around the dinner table, in the car, or during everyday conversations at home. We hope these questions help continue what God begins each week as together we help students know, trust, and follow Jesus.

